

**Doug Hamilton Cox in 2009 took it on himself to walk from his home in Devon to Wootton Bassett. Doug collected Appx, £13,000 for Help for Heroes. A stroll from John O Gaunts to Lands End is the next project. As you can imagine this will be a massive feat for anyone. Doug was at Dover in the early 1960s so you can see what he is taking on. What he needs is our help. His route will be in brief as follows: John O'Groats – Wick-Brora-Inverness-Fort Augustus-Pitlochry-Crieff-Stirling-Falkirk (Glasgow)-Airdrie-Motherwell-Hamilton-Lanark-Abington-Moffat-Lockerbie-Gretna Green-Carlisle-Penrith-Kendal-Brough-Skipton-Keighley-Halifax-Huddersfield-Holmfirth-Glossop-Buxton-Ashbourne-Derby-Burton-on-Trent-Nuneaton-(Birmingham & Coventry) Warwick/Royal Leamington-Spa-Stratford-Upon-Avon-Alcester-Evesham-Stow on the Wold-Cheltenham-Cirencester-Tetbury-Malmsbury-Chippenham-Bath-Trowbridge-Frome-Shepton Mallet-Somerton-Langport-Honiton-Exeter-Moretonhampstead-Tavistock-Liskeard-St Austell-Truro-Redruth-Penzance-Lands End-Yippee!!!!**

**Alternative route may take in Carnforth-Lancaster-Preston-Leyland-Wigan-Warrington-Shrewsbury-Worcester-Tewksbury-Cheltenham/Gloucester-Stroud & Nailsworth. He plans to start in April and he needs all the help we can give him. If your local REA branches are in the proximity of the walk or British Legion branches, let them know of Dougs walk. He needs help carrying buckets for donations, someone to walk along with him as he passes by and also offers of help with accommodation, would really help out. His Email is [sue.hamiltoncox@btinternet.com](mailto:sue.hamiltoncox@btinternet.com) Help with publicity by writing to your local papers, contacting any Regiments that are Garrisoned near to you in the vicinity of the walk would also be of great help.**